

Windhover Way

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Preparing Children for Camp

The benefits of a camp experience ripple out from one another. The child's sense of well-being over having successfully demonstrated independence leads that camper to greater autonomy in schoolwork and to self-extension in new activities. A camper shows more skills in getting along with others and greater ease in meeting people and in trying out for teams, plays, and groups. Exposure to other people encouraging a child to eat around the food groups and to try new foods at camp can lead to a more flexible eater; practicing courage in riding a horse or jumping on the

blob provides a child with a measure of danger by which s/he can learn to balance safety with risk within healthy parameters.

To prepare a camper, even a returning camper, for success at camp, child psychologists recommend open discussion of whatever might be currently troubling to the child prior to leaving home. Reassurance from parents that homesickness does occur but has been survived, especially by Mom or Dad, is reassuring to a child who has never experienced it but might have just moved or experienced a divorce or death

within the year. Children need to know that all human beings feel homesickness at some point in their lives and that it is a sign of a person of great feeling.

Also, remember to afford each child in your family the benefit of your preparation or whatever lessons you are attempting to teach. Transfer from an older sibling happens less often than we would like to think.



Family Camp

On Friday and Saturday, May 9-10, Camp Windhover will host a "Family Camp," geared for campers in the first-fourth grades and any family members who want to attend. Have a child who may be hesitant about venturing out to overnight camp in the summer? Want to introduce a friend to Camp Windhover? Or just get away as a family for a day and night in the country? Visit the website for more information and print a retreat form from the "Forms" page and send it in.

Five-Year Hoodies and Three-Year Caps

We have finally existed long enough to present campers who have been at camp for three years with a commemorative three-year cap and those

who have attended for five years with a hooded sweatshirt. Campers who qualify will receive the awards the last night of their camp session.



(Upper right) Andrew Rentstrom grins from ear to ear about the loot he receives from the Windhover Bird for a lost toe nail. (Above) Oliver Isaacs, Lorna Harkey and Kristen Dautenhahn canoe during a recent fall retreat.

Summer 2008 will be our seventh! And it promises to be the best ever!
Applications available at www.campwindhover.com, or call 601-892-3282.



Kent's Corner



If you were a dog, would you want to be an English Setter or a Labrador Retriever? Let me remind you that English Setters are a bit reserved and prefer old leather chairs and dark paneled walls in high ceilinged clubs where we read the papers, smoke our pipes, and quietly enjoy the finer things of life. We are always game for an "explore" in the country. Sometimes, in the late afternoon, we just sit and watch the world go by. We don't like cars, but if we have to travel distances, we prefer a land rover or a jaguar sedan (in town). We are friendly, modest (some would say demure), gentle, playful, and we keep ourselves neatly groomed. We can hold a point. Our noses have been described as distinguished, and our silky coats, speckled with liver or black, and feathery tails, never go out of style. I'll let Romeo speak for the Labradors – and mind you, I have nothing against that redoubtable breed – but I ask you, wouldn't you rather be English, what what?

Adult Camp

Parents and other adults often ask, "Do you have camp for adults? I want to come." We are considering a Thursday-Sunday camp for adults on July 31 – August 3, 2008. It would be like kids' camp, but adults would be the kids. Give us your thoughts at celia@campwindhover.com.

CIT Retreat Training

The CIT retreat will be April 18-19. Second and third year CITs will help train new CITs. All learn basic safe food service practices, to use a ware washer, and to work as a team. They also learn some child psychology and strategies for helping others behave in healthy ways. They apply what they learn by role playing typical situations with peers, campers, or staff.

CITs also work in pairs on a camp-wide activity that they will lead during camp.

For first year CITs to apply, go online to FORMS, print and fill out the CIT Application. Once accepted, you will register for the retreat. Former CITs send a letter of their goals for the summer and a retreat application and check for \$45, the cost of the retreat.



Some CITs at last year's retreat include (bottom) Anna Graham, Gracie Boland, Angie Evans, Bronwyn Scott-McCharen, Claire Whitehurst; (second row) Tyler Brown, Aubrey Threadgill, Laura Mizell, Kurt Delashmet, Stuart Ramsey; (top row) Ben Jaques, Stephen Coker., and Peyton

Romeo's Reply



Amor! That's what makes the world go round! I'm glad to be a Labrador Retriever, the most loved and lovable dog in the world. Sure, I respect Kent, but who wants to respect a dog? You've got to love a dog, and we're the lovinest breed! We like to swim, I think you know, and when we're dripping wet, we like to come see you and bring that stick back so you can throw it again. We know how much you like to play Retrieve, and we aim to please.. Okay, sometimes we shake off at the wrong time and place, but you've got to go for the gusto in life. We are substantial dogs with big heads and baseball bat tails. We are all black, nose to tail, *cap a pe*. What other color is there? If you want to be some anemic mousy lightweight dog, look into another breed (not to mention names), but if you want to be mankind's best friend, the kind of dog that's always ready for fun, you want to be a lab!